

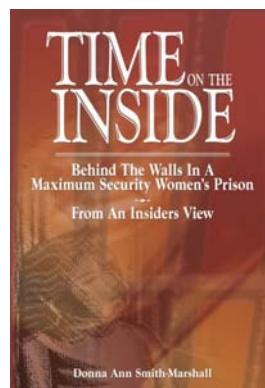
# News Release

## **FOR IMMEDIATE RELEASE**

**TIME ON THE INSIDE: Behind The Walls In A  
Maximum Security Women's Prison From An Insiders View**  
by Donna Ann Smith-Marshall

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## **Did You Know More Women Are Going to Prison Today More Than Ever and Why Society Can Help Change This**

LONG BEACH, CA –October 23, 2006 –Prison causes damage and disruption to the lives of vulnerable women, most of whom pose no risk to the public.

- 60% of women prisoners have mental health problems.
- 35% have attempted suicide.
- 25% have been in the foster care system as children
- At least 50% report being victims of childhood abuse or domestic violence.
- Nearly 45% of women prisoners lose their homes as a result of imprisonment.
- 70% re-offend on release or shortly thereafter.
- Common offences for which women are sent to prison are theft, prostitution, drug use.
- A prison bed costs around \$31,000 a year.
- The women's prison population went up over 12% from 2005-2006.
- Prison is often a very expensive way of making bad situations worse.

Donna Ann Smith-Marshall, who is an 13 year expert in this field, and the author of an explosive, informative, new book; ***TIME ON THE INSIDE: Behind The Walls In A Maximum Security Women's Prison From An Insiders View*** — FMA Publishing — April, 2006, says; "Taking the most troubled individuals out of society and punishing them in order to teach them how to live within society is, at best, ineffective. Whatever else a prisoner knows, she knows everything there is to know about punishment because that is exactly what she has grown up with. Whether it is childhood sexual abuse, neglect, lack of concern; punishment is most familiar to her. Prison does not work. The best way to cut women's offending is to deal with its root causes".

TIME ON THE INSIDE takes readers vividly behind the walls of the United States Largest Maximum Security Women's Penitentiary, Central California Women's Facility—CCWF. This revealing book is a welcoming change from some of the intellectual offerings for individuals wanting direct knowledge of the areas of the penal system that have not been spoken of in detail. "TIME ON THE INSIDE" calls attention to **"Why more women are going to prison today more than ever"**— **"What really happens daily behind the walls"** —**"Why the Penal System promotes comfortability rather than rehabilitation"**—**"Why inmate deaths occur often"**—**"Why it's important for society to care about prisoner's rights"** — **"Why compassion is so important"**— **"How does one stay from doing Time On The Inside and "How to restore your life if you have/haven't been behind the walls."** Nonfiction • Hardcover • 192 pages • ISBN 0977441156 • \$20.95. Orders for this book can be placed at Publishers Website: [www.fmapublishing.com](http://www.fmapublishing.com) and through Amazon, Borders, B&N and Local Bookstores.